

# Skill: Self Regulation

Description-	Above Expectations 5/5 trials	Meets Expectations 4/5 trials	Approaching Expectations 3/5 trials	Not Yet 2 or below out of 5 trials
I am able to independently identify social expectations, classroom/building rules	I am always able to independently identify...	I am almost always able to independently identify...	I am sometimes able to independently identify...	I am NOT able to....
I am able to independently change my behavior/performance to fit the expectations of the given environment or circumstance/directive/etc	I am always able to independently change...	I am almost always able to independently change...	I am sometimes independently change...	I am Not able to independently change...
I am able to keep track, recall, and take responsibility for my own actions in my classes.	I am always able to ....	I am almost always able to...	I am sometimes able to....	I am NOT able to....

# Skill: Emotional/Impulse Control

Description-	Above Expectations 5/5 trials	Meets Expectations 4/5 trials	Approaching Expectations 3/5 trials	Not Yet 2 or below out of 5 trials
Maintaining age appropriate behavior (as defined by controlling temper, reaction to feedback, frustration.	I am always able to independently identify...	I am almost always able to independently identify...	I am sometimes able to independently identify...	I am NOT able to....
Sharing/self advocating needs, feelings, desires appropriately	I am always able to independently change...	I am almost always able to independently change...	I am sometimes independently change...	I am Not able to independently change...
Independent demonstration of coping strategies	I am always able to ....	I am almost always able to...	I am sometimes able to....	I am NOT able to....
I do not react to impulses. I am able to "pause", whether in reaction to someone, if I have a need that needs met, or waiting for something.	I am always able to ....	I am almost always able to...	I am sometimes able to....	I am NOT able to....

# Skill: Organizing

Description	Above Expectations 5/5 trials	Meets Expectations 4/5 trials	Approaching Expectations 3/5 trials	Not Yet 2 or below out of 5 trials
I am able to create and/or navigate organizational methods, ie daily planner, Schoology, nd Infinite Campus.	I am always able to independently identify...	I am almost always able to independently identify...	I am sometimes able to independently identify...	I am NOT able to....
I am able to independently use my skills to organize tools to complete homework.	I am always able to independently change...	I am almost always able to independently change...	I am sometimes independently change...	I am Not able to independently change...
I organize and utilize materials/resources to be prepared for class, ie computer charged, pencils/pen.	I am always able to ....	I am almost always able to...	I am sometimes able to....	I am NOT able to....
I am able to take and organize notes from classes.	I am always able to ....	I am almost always able to...	I am sometimes able to....	I am NOT able to....
I turn all assignments in on time.	I am always able to ....	I am almost always able to...	I am sometimes able to....	I am NOT able to....

# Skill: Planning

Description	Above Expectations 5/5 trials	Meets Expectations 4/5 trials	Approaching Expectations 3/5 trials	Not Yet 2 or below out of 5 trials
I manage my time throughout the day/week and plan accordingly.	I am always able to independently identify...	I am almost always able to independently identify...	I am sometimes able to independently identify...	I am NOT able to....
I am able to generate steps, sequences to prioritize tasks.	I am always able to independently change...	I am almost always able to independently change...	I am sometimes independently change...	I am Not able to independently change...
I can identify, set goals for, and execute goals for my future.	I am always able to ....	I am almost always able to...	I am sometimes able to....	I am NOT able to....
When initiating a task, I follow through	I am always able to ....	I am almost always able to...	I am sometimes able to....	I am NOT able to....
I can identify the size of a task/problem and respond accordingly.	I am always able to ....	I am almost always able to...	I am sometimes able to....	I am NOT able to....

# Skill: Working Memory

<b>Description</b> <small>(system for temporarily storing and managing info)</small>	<b>Above Expectations</b> <b>5/5 trials</b>	<b>Meets Expectations</b> <b>4/5 trials</b>	<b>Approaching Expectations</b> <b>3/5 trials</b>	<b>Not Yet</b> <b>2 or below out of 5 trials</b>
I am able to listen to and attend to classroom discussion	I am always able to independently identify...	I am almost always able to independently identify...	I am sometimes able to independently identify...	I am NOT able to...
I am able to recall information from classes or a discussion	I am always able to independently change...	I am almost always able to independently change...	I am sometimes independently change...	I am Not able to independently change...
I am able to follow directions when given	I am always able to ....	I am almost always able to...	I am sometimes able to....	I am NOT able to...
I can see tasks, assignments, and chores to the end	I am always able to ....	I am almost always able to...	I am sometimes able to....	I am NOT able to...
	I am always able to ....	I am almost always able to...	I am sometimes able to....	I am NOT able to...

# Skill: Flexible Thinking

Description	Above Expectations 5/5 trials	Meets Expectations 4/5 trials	Approaching Expectations 3/5 trials	Not Yet 2 or below out of 5 trials
I demonstrate the ability to accept constructive feedback or others' opinions	I am always able to independently identify...	I am almost always able to independently identify...	I am sometimes able to independently identify...	I am NOT able to....
I am to shift my thinking to adapt to the situation.	I am always able to independently change...	I am almost always able to independently change...	I am sometimes independently change...	I am Not able to independently change...
I can accept that others' thinking is different than mine and hear them out, ie Group Work.	I am always able to ....	I am almost always able to...	I am sometimes able to....	I am NOT able to....
I don't mind if things don't go as planned or trying a different way to solve a problem	I am always able to ....	I am almost always able to...	I am sometimes able to....	I am NOT able to....

# Skill: Attention/Focus

Description	Above Expectations 5/5 trials	Meets Expectations 4/5 trials	Approaching Expectations 3/5 trials	Not Yet 2 or below out of 5 trials
I work carefully and not rush through tasks	I am always able to independently identify...	I am almost always able to independently identify...	I am sometimes able to independently identify...	I am NOT able to....
I focus on chores/homework without getting sidetracked	I am always able to independently change...	I am almost always able to independently change...	I am sometimes independently change...	I am Not able to independently change...
I can attend to task in a 50 minute class and engage in expected activities; ie lesson, group work	I am always able to ....	I am almost always able to...	I am sometimes able to....	I am NOT able to....
I can immediately return to task upon an outside distraction, ie visual, auditory	I am always able to ....	I am almost always able to...	I am sometimes able to....	I am NOT able to....